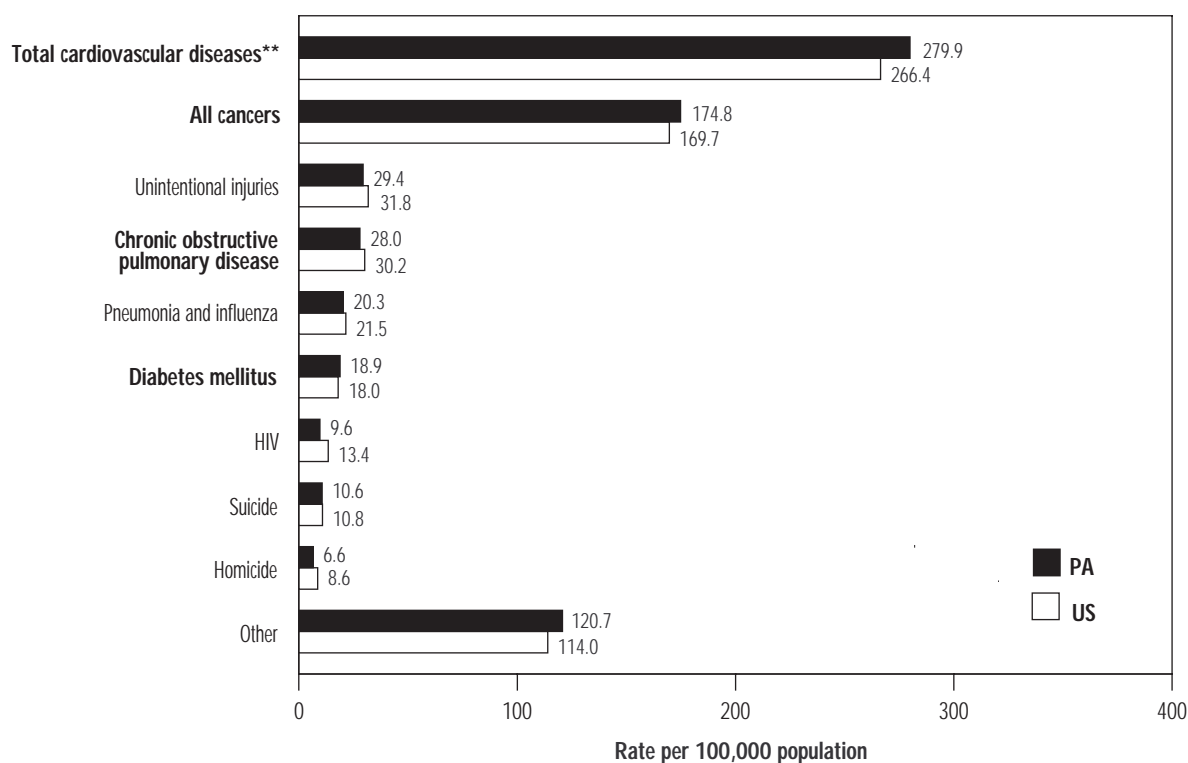


Pennsylvania: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Pennsylvania, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is sixth.
- In 1995, 74% of all deaths in Pennsylvania were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, and diabetes were higher in Pennsylvania than in the United States; the death rate for chronic obstructive pulmonary disease was lower.

Causes of Death, Pennsylvania Compared With United States, 1995*



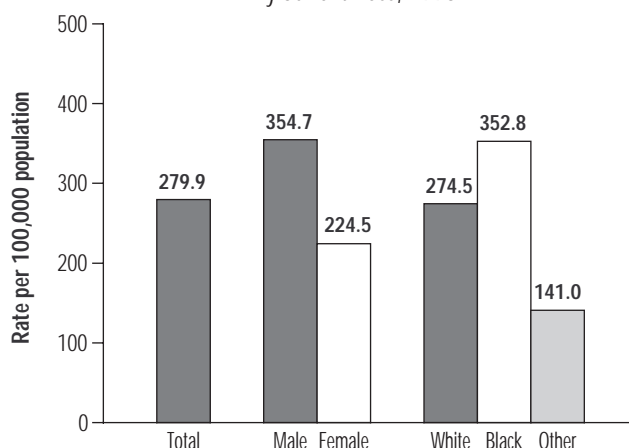
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (140.2 per 100,000 in Pennsylvania and 135.2 per 100,000 in the United States) and rates of death due to stroke (40.6 per 100,000 in Pennsylvania and 42.5 per 100,000 in the United States).

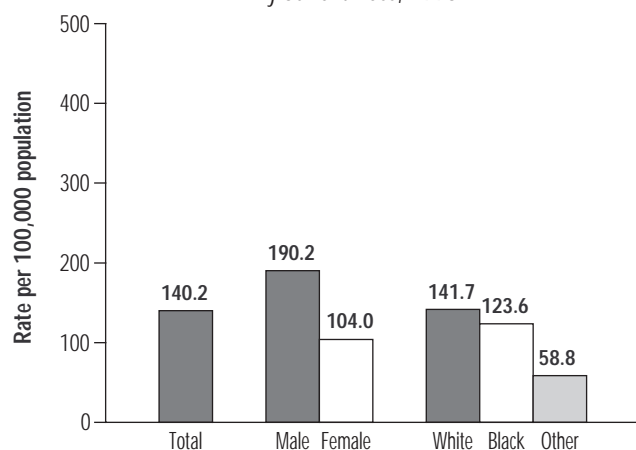
Pennsylvania: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Pennsylvania, accounting for 40% of all deaths.
- Ischemic heart disease accounted for 50% of all cardiovascular disease deaths in Pennsylvania in 1995; 27,291 people in Pennsylvania died of ischemic heart disease.
- In 1995, 8,287 people in Pennsylvania died of stroke.

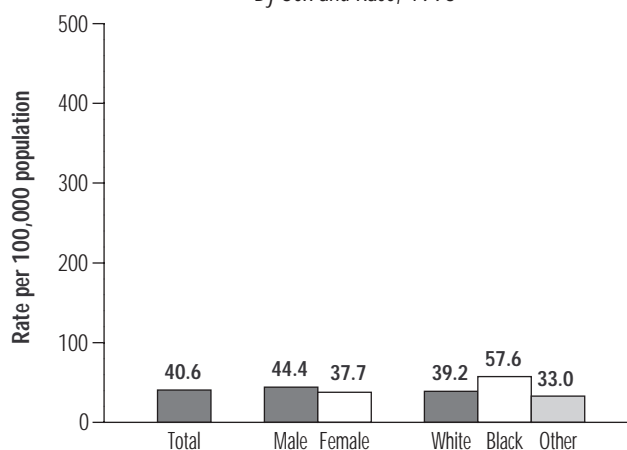
Pennsylvania: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



Pennsylvania: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



Pennsylvania: Stroke Death Rates
By Sex and Race, 1995

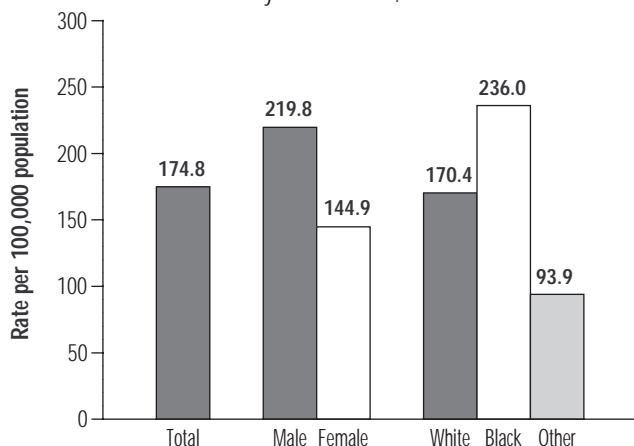


Note: All data are age adjusted, 1970 total U.S. population.

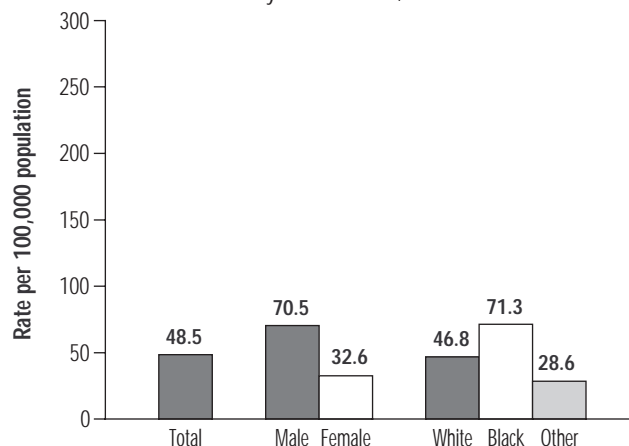
Pennsylvania: Cancer

- Cancer accounted for 25% of all deaths in Pennsylvania in 1995; 30,266 people in Pennsylvania died of cancer.
- In Pennsylvania in 1995, 8,165 people died of lung cancer; 3,601 people died of colorectal cancer; and 2,513 women died of breast cancer.
- The American Cancer Society estimates that 9,500 new cases of lung cancer, 8,000 new cases of colorectal cancer, and 11,000 new cases of breast cancer will be diagnosed in Pennsylvania in 1997.

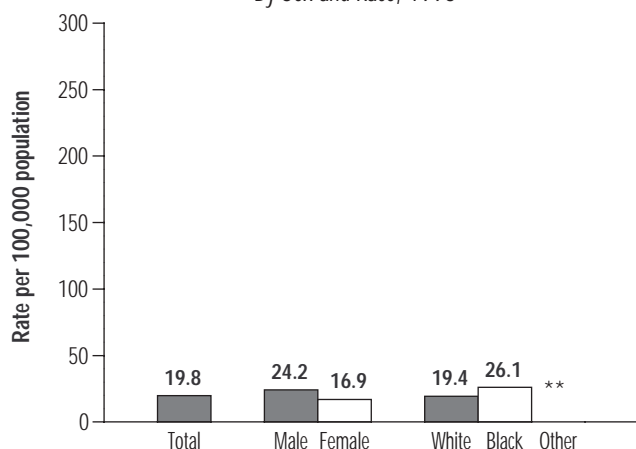
Pennsylvania: All Cancer Death Rates
By Sex and Race, 1995



Pennsylvania: Lung Cancer Death Rates
By Sex and Race, 1995

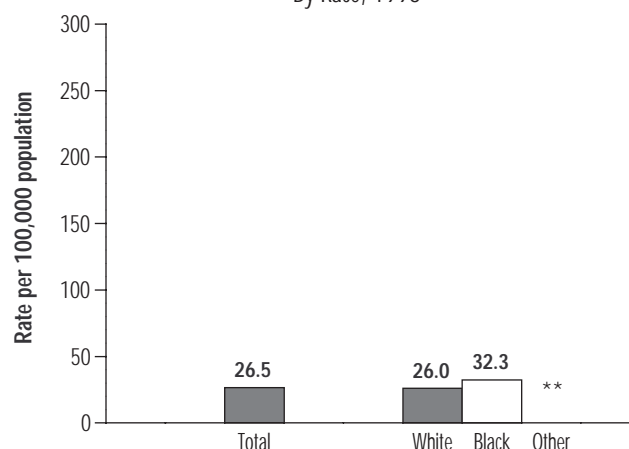


Pennsylvania: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Pennsylvania: Breast Cancer Death Rates Among Women
By Race, 1995

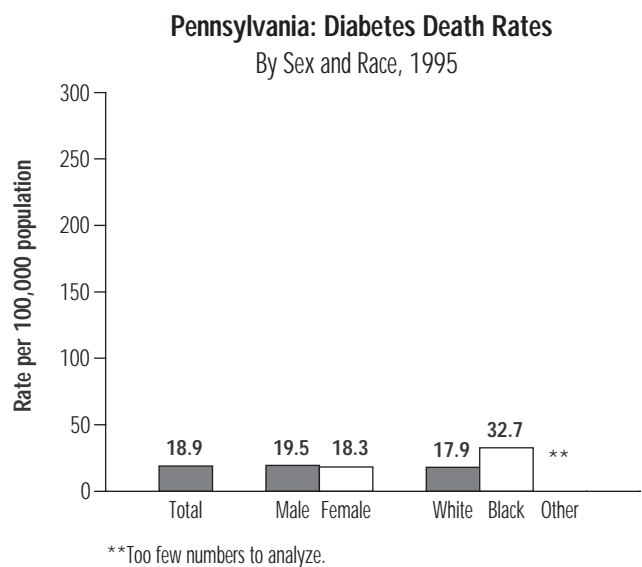


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Pennsylvania: Diabetes

- In 1994, 494,856 adults in Pennsylvania had diagnosed diabetes.
- Diabetes was the underlying cause of 3,408 deaths in Pennsylvania in 1995.
- In 1993, diabetes was the most common contributing cause of 906 new cases of end-stage kidney disease in Pennsylvania.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

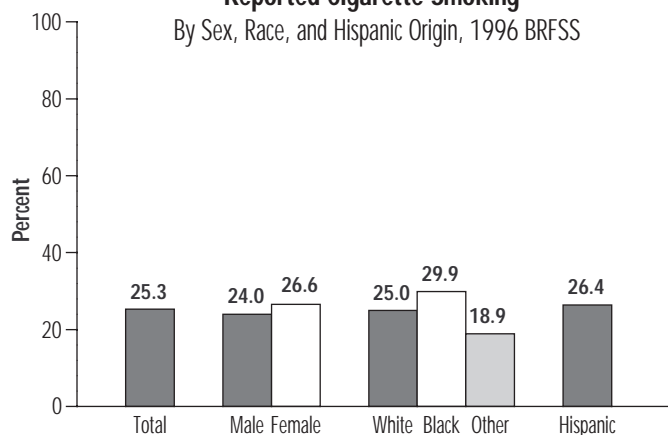


Note: All data are age adjusted, 1970 total U.S. population.

Pennsylvania: Risk Factors

Pennsylvania: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

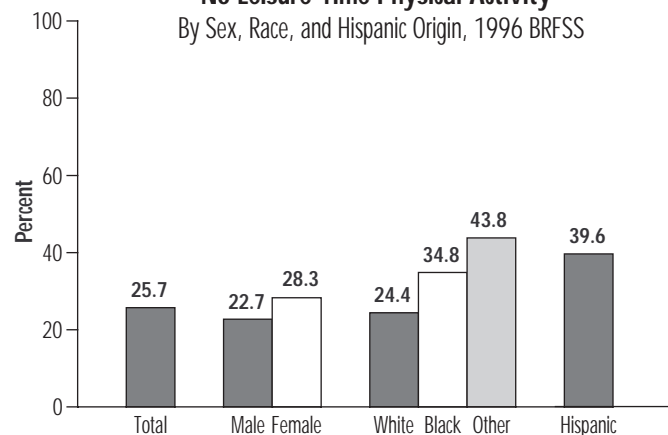
Pennsylvania: Percentage of High School Students Who Reported Cigarette Smoking

By Sex, 1995 YRBSS

YRBSS data not available

Pennsylvania: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

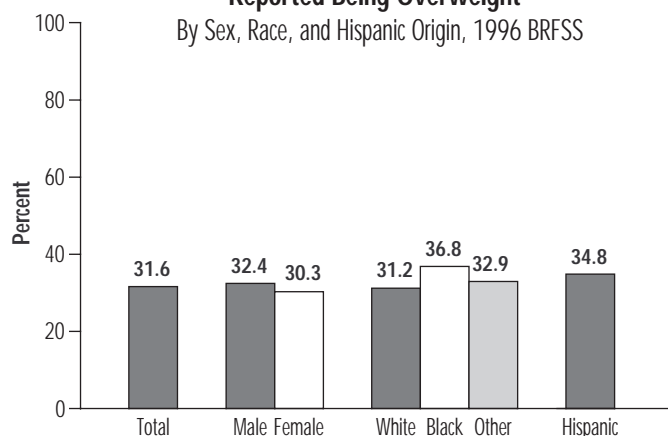
Pennsylvania: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

Pennsylvania: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



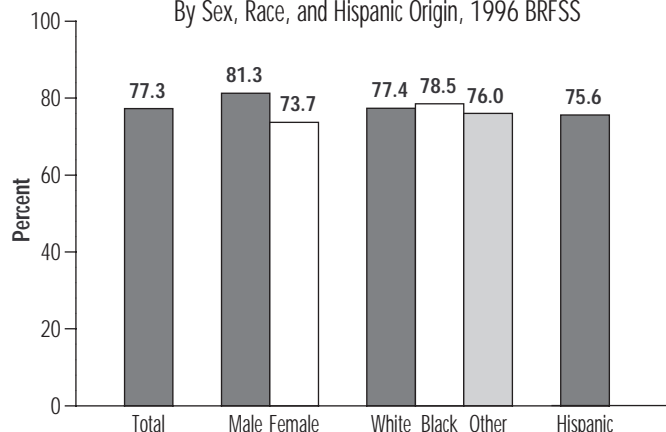
*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Pennsylvania: Risk Factors

Pennsylvania: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Pennsylvania: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

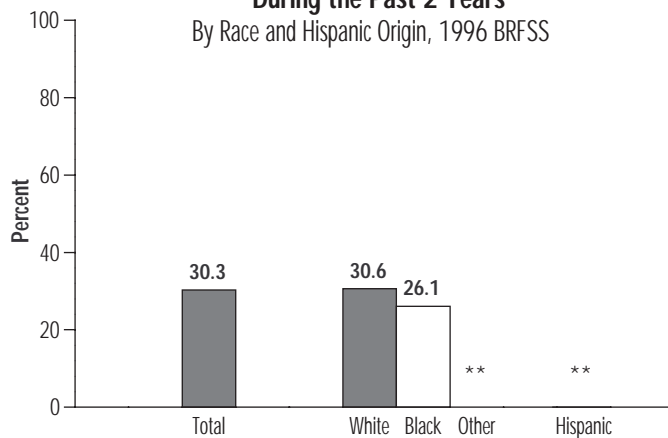
By Sex, 1995 YRBSS

YRBSS data not available

Pennsylvania: Preventive Services

Pennsylvania: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

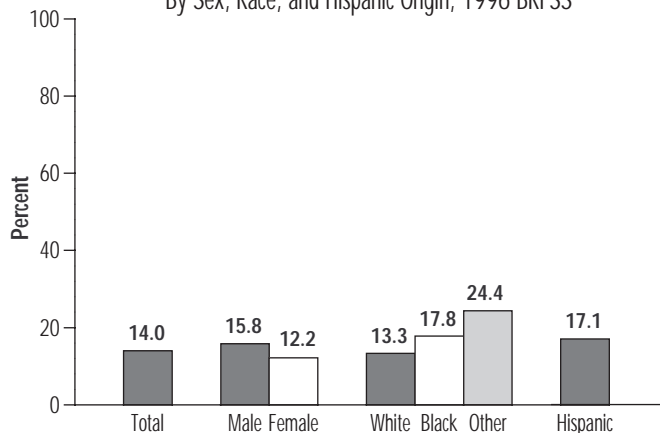
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Pennsylvania: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.